

# Splaine Consulting March 2023 Newsletter

What we're doing, what we're reading, and where we've been: it's all here. Follow our [Facebook](#) & [LinkedIn](#) pages for updates, and forward this newsletter to friends and colleagues interested in all things Alzheimer's. Thanks for keeping us in your inbox!



## New Funding Opportunity: Alzheimer's and Dementia Programs Initiative (ADPI)

New Funding Opportunity: Alzheimer's and Dementia Programs Initiative (ADPI) Grants for States & Communities. The ACL has released the 2023 funding opportunity for the Alzheimer's Disease Programs Initiative - Grants to States and Communities Program (HHS-2023-ACL-AOA-ADPI-0045). Cooperative agreement grants awarded under this opportunity will support and promote the development and expansion of dementia-capable home and community-based service systems in states and communities. These programs should be designed to provide quality, person-centered services and supports that help people living with dementia and their caregivers remain independent and safe in their communities.

There are two application options: Grants to States (Option A) and Grants to Communities (Option B). No entity is eligible to apply for both state and community options.

An informational conference call was held March 2nd. A recording of the call is available at the following number: 866-388-5361.

**[View more details and application instructions.](#)**

Application Deadline: April 24, 2023.

Splaine Consulting is well versed with these kinds of programs and offers consultation to partners running these programs. If you would like to make sure your grant and/or program are fully optimized, [contact Splaine Consulting HERE](#).

## Alzheimer's & Dementia

### Caregivers Conference

This virtual conference is designed to empower caregivers and health care professionals with strategies, inspiration and resources that will bolster efforts to care for those with Alzheimer's or dementia.

The keynote speaker, Mike Splaine will guide family and professional caregivers alike to navigate hospitalization if it's needed, manage discharge process, and set up for best recovery possible at home. [Learn more about Thoughtful Hospitalization HERE](#).

The other session leaders bring a wealth of knowledge and offer practical applications for dealing with managing money, grief and accessing resources for caregivers. The conference will be held Wednesday, April 26th at 8am - 2:30pm EST.

**Register for the event [HERE](#).**



## Payment for Comprehensive Dementia Care

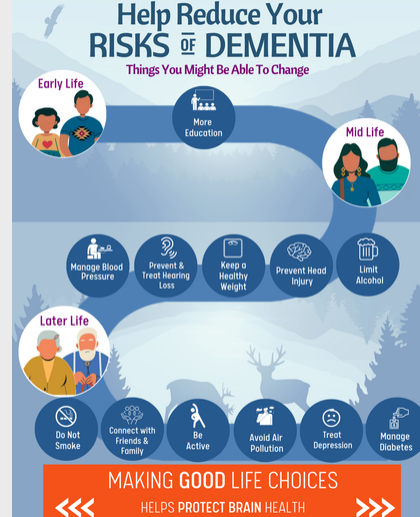
Dementia is highly prevalent, costly, and requires more complex management than other diseases. That's why the Centers for Medicare and Medicaid Services (CMS) urgently needs new payment models that fully cover comprehensive care, which has been shown to improve outcomes for people living with the disease and their family caregivers while lowering costs.

Splaine Consulting joins with other advocates asking that CMS implement a comprehensive care alternative payment model now to rapidly create a path towards higher quality, more equitable dementia care. A new Health Affairs piece offers recommendations for a payment model. [Learn more \[HERE\]\(#\).](#)

## Dementia Risk Reduction

### Flyers

The International Association for Indigenous Aging (IA2), offers a wealth of resources to people living with Alzheimer's disease and related dementias (ADRD) in Indian country and they are a client/partner to Splaine Consulting. Check out their [Dementia Risk Reduction Flyers](#) which can be distributed through senior centers and inter-tribal organizations, healthcare facilities, administrative offices, tribal newspapers/radio stations, and as mailers to tribal members.



## Virtual Summit on Care, Services, and Supports

The National Institute on Aging is hosting a free, virtual Summit March 20th - 22nd from 11am - 4pm EST each day. The Summit will review research progress, highlight innovative and promising research, and identify remaining unmet research needs with input from the research community, persons living with dementia and their care partners, and other stakeholders. Register for this Summit [HERE](#).

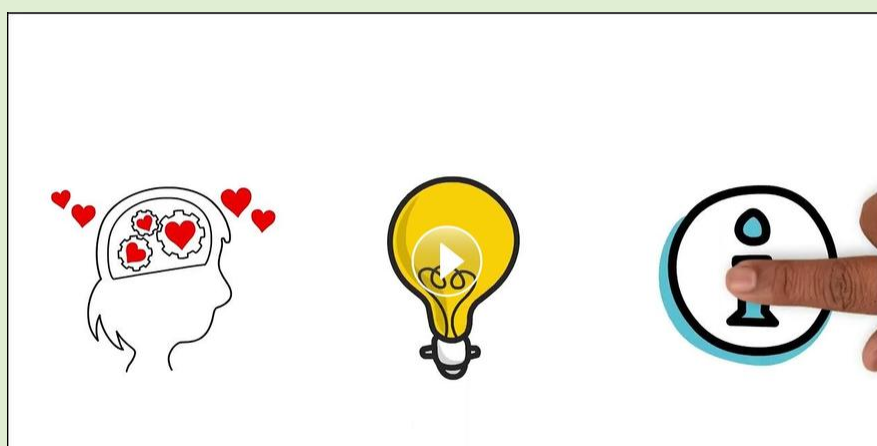
## New Advisory on Over-Medication of Older Adults

### with Intellectual Disability

The National Task Group on Intellectual Disabilities and Dementia Practices (NTG) has produced a new advisory "Over-Medication and Older Adults with Intellectual Disability: Risks for Brain Health," cautions users and families about several issues that arise from over-prescription and over-medication. The advisory offers suggestions for actions that primary care practitioners may undertake to review medications and their impact, as well as what families may do to become better informed and request medication reviews.

The National Institute on Aging and other organizations have noted that too often there is an accumulation of medications taken by older adults, and some of these medications may be no longer necessary or result in adverse effects such as cognitive problems and possibly dementia. [Learn more \[HERE\]\(#\).](#)

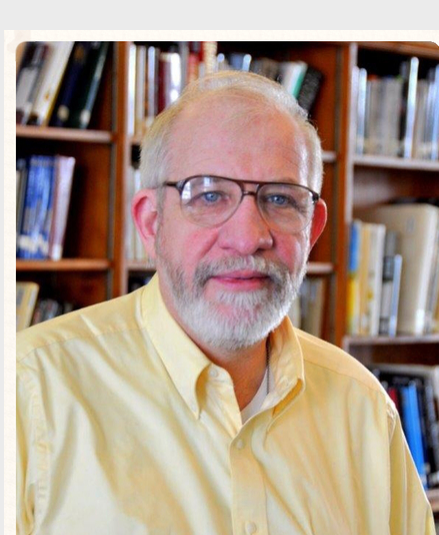
## Living Alone and Connected!



Living Alone and Connected! is a private members only Facebook group for persons living alone with Alzheimer's or another form of dementia. Living Alone and Connected! was created to lessen the effects of the existing social isolation many people with dementia already faced, isolation that was exacerbated by the COVID-19 pandemic. Living Alone and Connected! hosts virtual events from museum tours to educational programs to happy hours and game nights. The group is a platform for members to receive emotional support, share questions or ideas, and find resources regarding their condition and lifestyle. If you have Alzheimer's or another form of dementia or live in a single person household or if you care for someone who does, join or share the [Living Alone and Connected!](#) group.

Those working alongside people living alone with dementia can benefit from the Living Alone and Connected Facebook public page. The page provides resources to those family, friends, and caregivers who support people living alone with. The page content is on the experiences and obstacles those living alone with dementia face and tools to support them along the way. If you obstruct for someone who lives alone with dementia please follow the [Living Alone and Connected page](#) today!

Living Alone and Connected! is hosted and moderated by Cognitive Solutions, LLC. Living Alone and Connected! is supported in part by a cooperative agreement #90ADPI0067-01-00 from the Administration on Aging (AoA), Alzheimer's Disease Program Initiative (ADPI) and cooperative agreement NVADPI0082 from the Neighbor Network of Northern Nevada.



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