

# Splaine Consulting March 2024 Newsletter

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What we're doing, what we're reading, and where we've been: it's all here. Follow our [Facebook](#) & [LinkedIn](#) pages for updates, and forward this newsletter to friends and colleagues interested in all things Alzheimer's. Thanks for keeping us in your inbox!



## Annual Stakeholder Conference



Splaine Consulting is proud to have been a part of this important conference with our valued partners and friends. Splaine Consulting Director, Mike Splaine, moderated the event.

This year's theme: Health Related Social Needs: How do we get in front of the wave? Prevent the hospitalization, the dire loneliness, the need to access basic human needs services on an emergency basis, the coming crisis in housing/live alone households.

There were incredible speakers and topics including:

- **Theme: Social Needs & Aging: Darrick Lam, MSW, MBA**  
**Regional Administrator Centers for Medicare & Medicaid Services, Region 9**
- **Reflections on Aging at Home: Ginna Baik**  
**Senior Innovation & Business Development Leader for Senior Living, Amazon**
- **Community Report: Hospital2Home & HBS – Jeffrey Klein, FACHE**

[Learn more here.](#)

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## Public Health Course on Dementia and Caregiving

The University of Minnesota School of Public Health is hosting the Public Health Institute, where anyone can take a course on a variety of public health topics over a week-intensive course.

Dr. Joseph Gaugler, the Director of the Public Health Center of Excellence on Dementia Caregiving will be teaching a course titled "A Public Health Approach to Alzheimer's Disease and Related Dementias". This is an online, synchronous course that will be taught from Tuesday, May 28th-Friday May 31st.

[Learn more here.](#)

## 2024 Attitudes Towards Dementia Global Survey

Alzheimer's Disease International (ADI) has launched the 2024 Attitudes Towards Dementia global survey on prevailing attitudes and stigma towards dementia. The survey is open to everyone, so please share it with your friends, family, colleagues, communities, and networks, and don't forget to take part yourself! [2024 World Alzheimer's Report Survey.](#)

## Save the Date: Lorenzo's Virtual Worldwide Youth Summit

A free virtual worldwide event that unites children, teens and young adults of a parent living with, or has lived with younger-onset dementia of any form. An inspiring day together to share common stories, exchange carer strategies, move forward advocacy initiatives, and build community. 2 Day Event Schedule: Friday, June 14th at 12pm CT and Saturday June 15th at 9:30am CT. [Register here.](#)

## FTD Educational Webinar & Resources

If you did not get a chance to attend the AFTD Educational Webinar, "The Current State of FTD." A [recording of the webinar](#) is now available. Registration is now open for the [2024 AFTD Education Conference](#), taking place May 3rd in Houston and online via livestream. Register today!

## Save The Date: Senior

# Nutrition Program

## Celebration Event

Every March, The Administration for Community Living (ACL) recognizes its Senior Nutrition Program and the services it has provided to millions of older Americans since 1972. The 2024 theme, Connection in Every Bite, highlights one of the most important aspects of the Senior Nutrition Program: the profound relationship between food and social connection.



The Virtual Senior Nutrition Program Celebration Event will be March 20, 2:00-3:00 PM ET.

Difficulty with food and hydration issues is a major reason elders and persons with dementia end up in the hospital. Learn more and celebrate the valuable senior nutrition efforts nationwide. [Learn more here.](#)

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## Healthy Brain Initiative

Splaine Consulting is proud to have consulted on this important project!

The Healthy Brain Initiative (HBI) was established in 2005, the Alzheimer's Association and CDC have worked closely together to develop and implement the national public health strategy for brain health — the HBI Road Map Series guides this effort. Learn more about how the HBI Road Map combined with the BOLD Public Health Program Awards are making an impact in local communities across the U.S. Watch the video below.



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## Living Alone Central Maryland Summit

Earlier this month, Splaine Consulting hosted the Living Alone Central Maryland Summit where we shared resources for supporting those who live alone and have dementia.

In the US, there are more than 1.2 million people who have a diagnosis of Alzheimer's or dementia and live on their own. This unique one-day summit convened dementia support stakeholders and shared actions taken and resources to available to this community.

[Learn more here.](#)

# Living Alone & Connected!



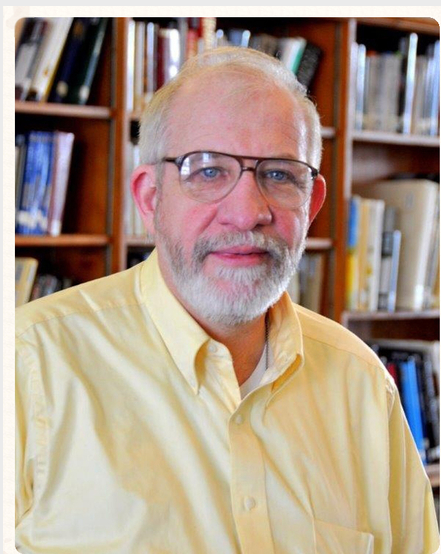
Living Alone and Connected! is a private Facebook group for persons living alone with Alzheimer's or another form of dementia. It is platform for members to receive emotional support, share questions or ideas, and find resources regarding their condition and lifestyle. The group is a unique online community is designed exclusively and thoughtfully for people who live alone with a dementia / Alzheimer's. This is to ensure the privacy of our members, and to foster a safe, welcoming, and meaningful space to connect.

## **Join the Living Alone and Connected group!**

The Living Alone and Connected public Facebook page is designed for those who care for people living alone with dementia. The Living Alone and Connected page provides resources to those family, friends, and caregivers who support those living alone with dementia.

## **Join the Living Alone and Connected page!**

Living Alone and Connected! is hosted and moderated by Splaine Consulting. Living Alone and Connected! is supported in part by a cooperative agreement #90ADPI0067-01-00 from the Administration on Aging (AoA), Alzheimer's Disease Program Initiative (ADPI) and cooperative agreement NVADPI0082 from the Neighbor Network of Northern Nevada and Nevada Senior Services.



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